



April 18, 2011

IVH Insights

NEWS FROM VOLUNTEER SERVICES

by Diane Lemker

Last week was National Volunteer Week. I know we try to make sure our volunteers know how much we appreciate everything they do all year long, but this week is designated as a special time to thank them and recognize the time and effort they give to our residents.

Since the Malloy LRC could not be used for a meal for the volunteers this year, we will instead hold a reception. The 37th Annual Volunteer Awards & Recognition Program will be held on **April 29 at 1:30 p.m. at the Knights of Columbus Hall.**

THANK YOU
IVH VOLUNTEERS!



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Commandant's Corner

Some of you may know that my undergraduate degree is in Education with a concentration in history. I am always watching the history channel and doing research for my own knowledge.

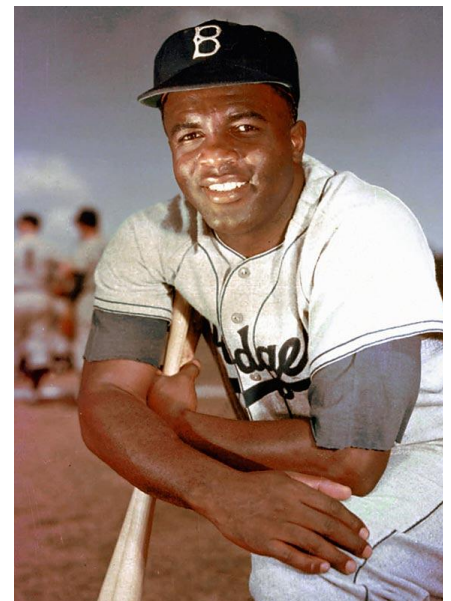
This week in history (week I am writing this) there are three events in America's past that are somewhat related. On April 14th, 1865 Abraham Lincoln was assassinated, 87 years later on April 15, 1947, Jackie Robinson (*pictured below right*) broke the color barrier in baseball, and 45 years later on April 13, 1997, Tiger Woods won his 1st of four Masters. It was only six years prior in 1991 when the first African American became a member of Augusta National Golf Club.

The relationship I am speaking of is ties to the military. President Lincoln led this country through one of our most difficult conflicts. We fought a war with ourselves. Jackie Robinson was commissioned as a Lieutenant in the US Army and was court martialed for protesting racial discrimination in 1944 but was exonerated and honorably discharged.

Tiger Woods's father served two tours in Vietnam and retired as a LT. Colonel from the Army.

These three men, Lincoln, Robinson, and Woods, all lived through struggles of their own and have made this country better for it. They all have ties to the military and believed in racial equality. In this country, it's the person within the skin that counts. That's what our residents fought for.

Commandant David Worley





Heinz Hall Update

by Susan Wilkinson

We convened another “Living in Balance” class on March 28 with 10 residents in attendance. This class will graduate May 12 and many will use this knowledge as they transition to the community.

Heinz Hall staff have assisted 52 residents with discharge in the past 15 months and have welcomed many new faces to our building. Soon we will be able to look at the applications that have been sitting on our waiting list for quite some time.

We also wish Commandant Worley all the best as he moves on to new endeavors. We have appreciated his support.

IVH Insights is a twice-monthly publication of the Iowa Veterans Home.

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Performance Improvement Update *by Shannon McIntire*

Each unit at the Iowa Veterans Home has an Interdisciplinary Resident Care Committee (IRCC) to plan and implement care consistent with the mission and philosophy of the Iowa Veterans Home and to comply with regulatory agency requirements. The unit IRCC consists of six core members: the resident, family and/or legal representative, and professional staff consisting of the resident's medical provider, registered nurse, social worker, clinical dietitian, and therapeutic recreation specialist.

IRCC teams use the State Operations Manual Appendix PP to guide them in complying with regulatory agency requirements. According to the manual, “facilities must use the results of resident assessments to develop, review and revise the resident's comprehensive plan of care”. This means the facility is responsible to provide necessary care and services for residents in order to maintain their highest practicable level of well-being.

In some cases, a resident may wish to decline certain services or treat-

ments that professional staff believe may be indicated to assist the resident in reaching his or her highest level of well-being. Unless the facility is unable to meet the needs of the resident or protect the health and safety of others, the resident's wishes are incorporated into the plan of care throughout their stay at the Iowa Veterans Home.

As culture change continues to evolve at IVH, IRCC teams will eventually write care plans in a new voice to replace traditional medical-model care plans with “I” care plans. The “I” care plans, also known as resident-centered or person-directed care plans focus on individual residents' needs and preferences and are usually written in the first person, using statements like “*I don't want to have any falls*” or “*I want to feel pain relief within 10-15 minutes after receiving pain medication*”.

The ultimate objective will continue to be achieving and maintaining the resident's optimal physical, psychosocial and functional status during their stay at IVH!

Nursing Department *by Sarah Workman*

Some initiatives the nursing department are currently working on include:

- Getting the Kronos time-keeping system up and running and utilizing to monitor schedules, overtime, and staffing.
- Establishing a wound-care committee to address the assessment, treatment, and documentation of wounds and pressure ulcers.
- Establishing best methods of utilizations of 1:1s for hospice, behavior, and fall reduction.
- Unit based management.

The facility recently experienced the annual DIA and Fire Marshall

inspection. Thanks to all who assisted in this process.

Char Teed, Quality Improvement Facilitator for the Iowa Foundation of Medical Care gave a presentation on Fall Reduction on April 5. A DVD is available for review for those not able to attend. Reminder – this year's Geriatric Grand Rounds from University of Iowa focus is on falls and fall reduction also.

Nursing is also working with PICC to establish workable schedules for multi-disciplinary participation in rounding.

Permission has been given to fill some empty positions so we are looking forward to welcoming new employees.

Admissions Update *by Doug Freeman*

All residents are accounted for through the "Census" process. Examples of changes that would be reported through the Census are: a room, bed, and/or unit change, a level of care change from nursing care to domiciliary care or vice versa, and any overnight leaves and returns, either personal or overnight medical.

All residents are allowed 59 calendar leave days per year. When a resident leaves the facility for an overnight stay, they are counted out of the facility when their leave days exceed 12 calendar days per year, with the exception of domiciliary residents that are permitted 96 hour leaves. These 96 hour leaves are not counted against their 59 leave days per year. If the resident is at nursing level of care and their leave is for a medical reason, they are counted out of the facility after their tenth consecutive day, for each medical leave. If the resident is at domiciliary level of care and they have a medical leave, they are counted out the first day of the leave.

The Census changes are tracked, compiled and reported monthly to the Veterans Administration through the State Home Report. The Iowa Veterans Home is paid a per diem rate for Veteran Residents based on this report. The per diem rate is dependent upon their level of care, whether it is nursing or domiciliary care. Recently, the Veterans Administration has implemented a higher per diem rate for those Veterans that are service connected and reside under nursing level of care.

May Fund Raising Raffle for Wal-Mart Gift Cards

in the following amounts:

One \$100 gift card
Two \$50 gift cards
Two \$25 gift cards
Five \$20 gift cards

Tickets are \$1 each or 6 for \$5.

Sponsored by the IVH Resident Council
Tickets on sale until May 31. Drawing held
on June 3. Need not be present to win. Look
for postings on where to purchase your
tickets.

Technology Department *by Rob Buchwald*

Microsoft, after years of competitive free dominance in the arena of software, has finally met up with a formidable opponent.

Google, the hands down winner of the search engine wars, has expanded their portfolio and developed new software suites to compete with Microsoft.

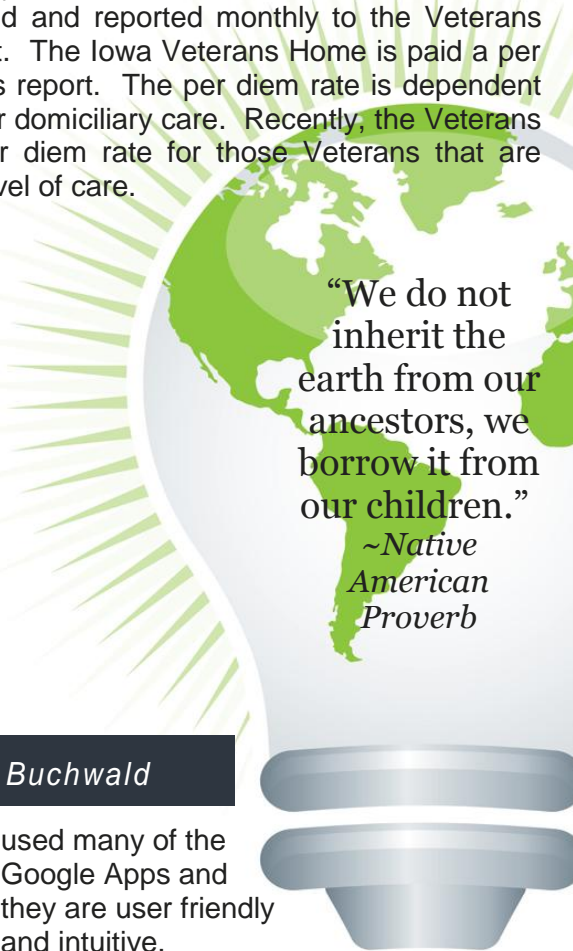
For example, *Internet Explorer* is the most widely used internet browser in the world – Google now offers *Chrome* which is a very solid full featured browser.

In addition, Google has a suite of office products named Google Apps which provide many of the same programs and features as Microsoft Office.

Google offers: GMAIL, Google Calendar, Google Docs, Google sites (for intranet, similar to Sharepoint), and many others. The current pricing for Google Apps is substantially lower than Microsoft. I have

used many of the Google Apps and they are user friendly and intuitive.

How does this impact IVH? It may take a couple of years for the Google Apps to refine and mature to reach the quality and name recognition that Microsoft has established over the past three decades. However, the competition amongst these gladiator size corporations is sure to drive down costs and spur new advancements in software development. IVH, like all state agencies across the nation and world, pay Microsoft a hefty fee for use of their products. With Google's success, some relief may come to taxpayers and home-users in the checkout line.



"We do not
inherit the
earth from our
ancestors, we
borrow it from
our children."

~Native
American
Proverb

SEHARC News

by Larry Lemker

Check out the SEHARC website at www.seharc.org for more info about benefits available to State of Iowa employees.

Earth Week, April 18-22: Help celebrate Earth Day by participating in any or all of the **green activities** scheduled for Earth Week! Don't miss out on the E-waste collection event, tours of the new energy-efficient IUB/OCA building, the 2011 Iowa Green Scene Eco-Fair, Iowa DNR Project AWARE art sculpture unveiling, and the Capitol Complex Trash Bash Challenge. For more information, visit the [DAS Earth Week website](http://DAS_Earth_Week_website). Also, the DNR Nature Store is offering a limited edition Earth Week t-shirt at www.IowaNatureStore.com (click on "New Items"). After paying online, please specify to have your **"Think Green. Live Green!"** t-shirt picked up at Broken Arrow, instead of having it shipped. The t-shirt will be picked up at Broken Arrow for you and will be available for you to pick up at The Nature Store table at 2011 Iowa Green Scene on April 21.

Other news items on the SEHARC website include:

**State Softball League
Worlds of Fun and
Oceans of Fun
discounts**

**Harlem Globetrotters
Hot Pink Grannies**



IVH Canteen New Hours

Monday – Friday:
8:30AM – 3:00PM

Saturday - Sunday:
9:00AM – 2:00PM

On April 18, the Iowa House of Representatives will pass a resolution honoring World War II veterans in this, the 70th Anniversary Year of the beginning of the conflict.

Please pass the word throughout the state... April 18th, we officially say "thank you" to our heroes.

Upcoming Events

Day	Date	Time	Event	Location
Tues	5/3	9-10:30 am	IVH Mini-Olympics	Dack Dining LRC
Fri	5/6	9am-4pm	Book Sale	Kopper Kettle
Tues	5/10	9-10:30 am	Deferred Compensation Basics	Conf Rm 6
Wed	5/11	9am-3pm	Jerry's Barnyard at IVH	Courtyard
Thurs	5/12	9 am	Garden Box Planting at IVH	Courtyard
Wed	5/18	1 pm	Gil Mobley Pie Contest & Parking Auction	Dack LRC
Thurs	5/19	1:30-3 pm	IVH Ice Cream Social, live music	Atha Dining Rm
April 24 – 30 National Medical Laboratory Professionals Week				
Thurs	5/26	10 am	HVAAA Age Strong Live Long Walk On	Various locations
Mon	5/30	10 am	IVH Memorial Day Program	Dack Dining Rm
Fri	6/10	8am-5pm	IVH Staff Golf Tournament	Grundy Center
Sat	7/23-7/24		Marshall County Relay For Life event	MHS Track

Announcements

I would like to sincerely thank everyone who came to my retirement party. I had a great time seeing and talking to everyone. I want to especially thank M2S and M2N and Kristi Kelley for all their work, thoughtfulness, gifts, and being so caring. A co-worker and I were once told to never give residents a hug. Well, let me tell you I have and received many hugs that day. It was also a sad day for me because I miss work, the residents, and all the staff. Thank you everyone for all your prayers. I'll miss you. Joy Andrews.

The Annual Jerry's Barnyard will be held on Wednesday, May 11 from 9 am to 3 pm. If you have any baby animals that you would like to bring in for the residents to enjoy, please contact Linda Fisher ext. 4217.

Holy Week Prayer Services. There will be 15 minute prayer services in the IVH Chapel each weekday of Holy Week. Services will run from 12 noon-12:15. Residents, staff, volunteers, and family are invited to attend.

Those leading each day are as follows:

Monday, April 18th: Kim Marsh

Tuesday, April 19th: Susan Wilkinson

Wednesday, April 20th: Dex Walker

Thursday, April 21st: Tom Renze

Friday, April 22nd: Penny Cutler-Bermudez

The Cartwright Pavilion Farmers Market (near The Bickford House) will open on Saturday, May 14 at 8 am. The Market will be open every Saturday from 8-11 am and Wednesday from 4-6 pm through end of October. This Market is certified to accept WIC checks. Enjoy produce and baked goods from a variety of local vendors.

Business Services Update *by Greg Wright*

The Iowa Legislature is still working on state department budgets, so nothing has been finalized yet, but what I know today is that the House is recommending a status quo state appropriation for fiscal year 2012, which is \$8,952,151. Also, we will only be allowed to keep the first \$500,000 of funds carried into FY12 from FY11. The remaining balance will be sent to the Iowa Department of Human Services.

The facility is still planning to open and staff both buildings (Fox/Ulery) early in calendar year 2012. Furnishings will be delivered to the Fox building in July and January for the Ulery building. The VA survey must be completed after both buildings are completed and at least 21 residents are moved into one of the buildings.

The demolition of Loftus (part of Phase 3 construction) should begin early this summer. We are still waiting for the official grant award from Washington, D.C. before we can finalize a contract with the general contractor. Once we sit down with the general contractor and learn what their plans are to proceed, this information will be disseminated.

The federal VA reimburses up to 65% of the cost of approved projects. The state must contribute the other 35%. The state has either appropriated funds, bonded the project, or IVH used their carry forward funds remaining from their operating budget from several years. These are the federal VA projects that are in process or applied for:

- (1) Dack Dayroom Expansion – anticipated completion date in June 2011.
- (2) Master Plan Phase 1 (Fox and Ulery Building) – completed @ January 2012
- (3) Master Plan Phase 2 (Pavilion 2) – waiting to be placed on the priority list for funding from the VA
- (4) Master Plan Phase 3 (Replace Loftus, Remodel Sheeler) – bids have been opened and project is within budget. Anticipate grant will be awarded soon.
- (5) Master Plan Phase 4 (Pavilion 3) – waiting to be placed on the priority list for funding from the VA
- (6) Boiler – bids will be open this spring.
- (7) Generator/Transportation facility – application without state match was submitted April 15, 2011.